

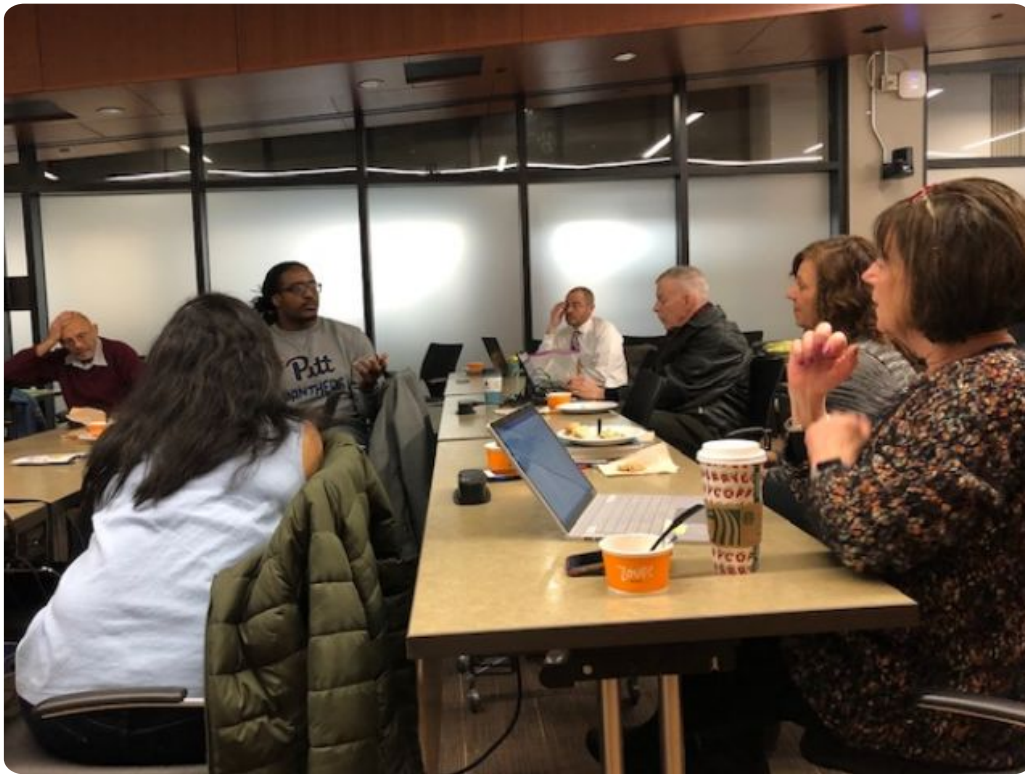
Pitt u.lab Hub at the Swanson School of Engineering

January 2020 Newsletter

Dear Pitt u.lab hub community,

Happy 2020! We hope this new year and new decade brings new opportunities for everyone.

The u.lab hub is starting this year strong with support sessions for the Ideation Expo 2020!



Your hosts invite you to come out to the Ideation Expo and support innovative projects developed by your fellow Pitt u.lab hub community members. You will be inspired and surprised!

We are also pleased to announce a new host joining the leadership team: Ron Idoko from Pitt's Office of Diversity and Inclusion. Ron is brought to the u.lab hub community by Jackson Martin, one of our hosts from last semester. We are all happy for Jackson's new career path with PNC, and we are grateful for this past semester of the u.lab hub journey with Jackson. We look forward to continuing the adventure with Ron, and thank him for joining the team!

The hosting team has planned a variety of activities for you during the spring semester. Some are synchronized with the u.lab 2x global community, some are unique to our hub.

Below are some main updates and events:

1. [Ideation Expo 2020](#)
2. [SPT Workshop 2](#) & scholarship for Social Presencing Theatre (SPT) "Train the Trainer" Initiative

3. [Application](#) to Coaching Circles/SPT Practice Group

4. U.lab 2x community gatherings

1. Ideation Expo 2020: Ideas that Bridge Divides

Join [Ideation Expo 2020](#), the “Dolphin Tank” (not a Shark Tank) for social innovation on the Pitt campus. We have topics ranging from building a caring campus community to leading sustainable housing initiatives. There will be a panel of eight distinguished individuals, four from the Pitt campus, and four from the wider community (including the mayor’s office and local foundations).

Please come out to support your fellow Pitt u.lab hub community members!

As an audience member, you will:

- Be the first to learn about innovative projects
- Support social and organizational innovation initiatives
- Weigh in on all the projects with your vote and feedback

Date: Feb. 18, 2020

Time: 10:45am-12:30pm

Location: University Club, Ballroom A

Register as an audience member!

Can’t be there in person? No problem!

Stream live via [this link](#).

You can participate and vote remotely.

You are invited to the

The Ideation Expo 2020

Ideas that Bridge Divides

Hosted by the Pitt u.lab Hub

February 18, 2020
10:45 a.m. to
1:30 p.m.

University Club, Ballroom A
123 University Place

Schedule

10:45-11 a.m.

Opening Remarks

11 a.m.-12:30 p.m.

Project Presentation
and Panel Feedback

12:30-1:30 p.m.

Luncheon for Presenters
and Panelists

The Ideation Expo is an annual platform to kindle the flame for social innovation, to connect innovative sparks with each other, and to align resources for aspiring social entrepreneurs. The host of Ideation Expo is the Pitt u.lab hub — a learning community that leverages Theory U to provide support infrastructure for social innovation throughout the Pittsburgh region.

Interested in presenting your socially innovative idea?

Join us at the Ideation Expo and you will:

- Generate awareness and gain visibility
- Receive mentorship and feedback
- Expand support network and win financial incentives
- Boost your project with Theory U inspired social technology

Register as a presenter by December 15, 2019

<https://tinyurl.com/Ideation2020>

Interested in participating as an audience member?

Join us at the Ideation Expo and you will:

- Be the first to learn about the innovative projects
- Support social and organizational innovation initiatives
- Weigh in on all projects with votes and feedbacks

Register as an audience member by February 1, 2020

<https://tinyurl.com/Ideation2020audience>

For individual consultation, please reach out to Gemma Jiang (gej20@pitt.edu), or Christina Ong (cno4@pitt.edu)



For detailed information, please visit:

<https://tinyurl.com/Ideation2020info>

2. Social Presencing Theatre: Workshop 2

Liz Alperin-Solms is back with another [Social Presencing Theatre](#)

workshop! During this workshop, we will learn more SPT practices, including seed dance, 3D Sculpting, 4D sculpting, and field dance. Although participation in the first workshop is not a prerequisite for this one, you are strongly encouraged to familiarize yourself with the practices covered during the first workshop (20-minute dance, stuck, village). The links at the bottom of the Eventbrite registration page are great resources.

Given the strong interest of SPT as an embodied method for systems change, the Pitt u.lab hub is offering scholarships to the “train the trainer” workshop to be held in Philadelphia over the summer (details TBA). The scholarship would cover all the expenses for the training (tuition, travel and accommodation).

To qualify for the scholarship, applicants must participate in at least one of the SPT workshops offered by the Pitt u.lab hub. More details of the scholarship will be announced soon.



Register for Feb 15th's SPT Workshop 2!

3. Application to Coaching Circles/SPT Practice Group

For spring 2020, we are opening another round of [applications to coaching circles](#), with an additional option for SPT practice group. Deadline for the application is February 18, 2020.

During fall 2019, the Pitt u.lab hub supported three coaching circles. Most of our participants said they had benefited and would recommend this experience to others.

Some felt the “therapeutic effect” during a time of profound loss and found friends of kindred spirit to carry on their advocacy efforts; some felt supported during a time of personal change; some found the inspiration needed in their teaching efforts. The quality of intention and attention from coaching circle members holds space for genuine connection and deep insight.

We are also starting a SPT practice group to deepen our understanding of the methods we learned together and to support each other in our efforts to apply these methods in our own contexts. Stephanie Romero will be leading this group.

Apply for Coaching Circles/SPT Groups by Feb 18!

4. U.lab 2x

The focus of u.lab 2x is to apply principles and practices of Theory U learned during u.lab 1x in innovative projects. Following the Ideation Expo, we will launch into the u.lab 2x cycle facilitated by the Presencing Institute, and join other innovators from all over the world in the global Societal Transformation Lab community.

Below is the list of information for all the community gatherings for the u.lab 2x cycle:

Event Name	Date	Time	Location	Registration Link
U.Lab 2X Community Gathering 1	February 20	10:30am – 1:00pm	624 Benedum	Eventbrite
U.Lab 2X Community Gathering 2	March 26	10:30am – 1:00pm	University Club	Eventbrite
U.Lab 2X Community Gathering 3	April 30	10:30am – 1:00pm	University Club	Eventbrite
U.Lab 2X Community Gathering 4	June 4	11:30am – 1:00pm	624 Benedum	Eventbrite

We look forward to seeing you in any of our community events. In particular, we would appreciate your presence at Ideation Expo 2020!

Your co-hosts,

Gemma, Stephanie, Christina, and Ron

visit our website



[view this email in your browser](#)

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