Pitt u.lab Hub Adaptive Space

Swanson School of Engineering

September 2020 Newsletter

Dear Pitt u.lab hub community,

Our Adaptive Space Mighty Network is live. You are invited to join the party! 🎉 🎉 🎉

The Adaptive Space Mighty Network brings together professionals aspiring to lead social change efforts in Pittsburgh, to learn principles and practices of working and being in complex social systems, so that we can develop shared frameworks for leading social change, nurture communities of practice for sustaining changes, and build gravitational force for investing in tackling complex social challenges.

What is possible if we had a thriving community for mindfulness-based systemic change in Pittsburgh?

As a member, you will:

- Develop leadership capacity with cutting edge frameworks such as Theory U and complexity leadership

- Become part of social innovation ecosystem

- Build relationship with cross-sector leaders

- Join a local and global movement for mindfulness-based systemic change

- Receive support for prototype development

Within the Mighty Network platform, you will have opportunity to engage in a variety of activities your hosting team have prepared: reflection on contents from the u.lab MOOC, profiles of community members (you can ask to be profiled!), curated resources from communities of kindred spirits, virtual gift circles, and many more. **Mighty Network provides a virtual home for the U.lab Hub and Adaptive Space community.**

It is easy to join: click on the link below 👇 and answer a few questions for **"Request to Join"**. Your hosting team is waiting for you on the other side.

Pitt

U.lab Hub

Hosting Team

We are excited to introduce the new hosting team for this year's Pitt u.lab hub program. Together, the hosting team will care for the well-being of the community.

Dr. Gemma Jiang, Swanson School of Engineering, University of Pittsburgh

"I am looking forward to this new year of u.lab adventure with you!"

Erika Strassburger, Pittsburgh City Council Person

"I look forward to embarking on the u.lab journey with you all and becoming more engaged with the Pitt u.lab hub."

Ron Idoko, Office of Diversity and Inclusion, University of Pittsburgh

"I am excited to connect and build a community for social change with everyone."

I am also pleased to introduce our new project manager **Lydia Chlpka.** Lydia came to the u.lab community through the social solidarity circles we have been hosting over the past few months. She is currently a senior undergraduate student pursuing a B.S. in Neuroscience and a B.A. in Music Performance at the University of Pittsburgh. **Welcome to the community, Lydia.**

In August we had two successful taster sessions. It was great to see familiar faces again, and also to meet new friends. It does not matter if you are new to u.lab hub, or if you are a returning hub member, we make room for everyone to participate in their own way. Together, we embark on a journey of learning, insights, and purposeful relationships.

Hope to see your smiling faces at Mighty Network soon!

Best wishes to all,

Your hosts
Gemma, Erika, Ron and Lydia