About Seminar

What is the purpose of Freshman Seminar?

Freshman Seminar (ENGR 0081) is designed with the needs of first-year Engineering students in mind. The main objectives are to:

- Help ease the transition from high school to college by helping you discover new information, plan for future goals, and act upon those plans to achieve success in your first year and beyond.
- Educate you about the different fields of Engineering study and help you select your major if you’re not sure which field is right for you.

How is Freshman Seminar structured?

There are two components of Freshman Seminar:

- **Weekly Lectures**
  - All first-year Engineering students will be required to view a weekly presentation from one of the ENGR departments or the Freshman Program Office. These presentations will help you gain a better understanding of the various fields of engineering and give you relevant information you need to know about registration, etc. No matter what major you choose (and if you don’t know yet, that’s okay!) you will likely someday work with engineers of various disciplines, so having a good understanding of each field is important. For those students who have a scheduling conflict, you will view these presentations online. These meetings will also provide resources to help you with certain Engineering 0011 and 0012 (or 0711/0712) assignments.

- **Small Group Recitation Meetings**
  - The small group recitation sections are comprised of about 15 students per section, and are grouped according to an interest that the students in the class share. They are led by *Peer Advisors* (see next page). The recitation sections will help connect you to others in the freshman class and also put you in touch with a successful upper-class student. The recitation section will focus on acquainting you with local and campus resources and provide you with tips and tools for academic and personal success.
About Seminar

What are Peer Advisors?

Peer Advisors are Engineering students, just like you, who are here first and foremost to help you, answer your questions, and provide you with information that will help you be successful in your first year. They have walked the path on which you are about to embark as a first year Engineering student and they want to share the lessons they’ve learned and answer any questions you may have about academics, extracurricular activities, balancing school and fun, and anything else you may want to ask. Peer Advisors are great listeners too, and they’re willing to help if you need to bounce ideas off of someone or discuss a problem or frustration that you may be experiencing.

- **Peer Advisors:**
  - Are members of the Freshman Engineering Leadership Team (FELT) in the Freshman Engineering Program office.
  - Lead the small group recitation sections of Seminar.
  - Conduct one-on-one meetings with the students in their Seminar recitation section.
  - Serve as a resource for certain Engineering 0011 and 0012 (or 0711 and 0712) assignments.
  - Are willing to communicate with their freshmen outside of class via phone/email/appointments.

What kinds of topics will my Peer Advisor cover in Seminar Recitation?

- Your Peer Advisor knows that most freshmen in the Swanson School of Engineering never had to study very hard in high school. And he/she knows that the workload in Freshman Engineering is a major change for most freshmen—even the best and the brightest. To help you adjust to this new and incredibly demanding workload, Peer Advisors will talk about topics such as time management, study skills, stress management, developing relationships with professors and advisors, and where to go for help if you need it.

- Peer Advisors also know that in order to get the full experience of college life, it’s important to take Pitt up on all of the many fun opportunities it has to offer. Your Peer Advisor will help you get to know Pitt and the city of Pittsburgh a little better and also help you connect to fun and exciting campus opportunities.
Registering for Seminar

How do I select a Seminar recitation section?

**STEP ONE: Figure out your academic schedule.**

- Before you can register for a section of Freshman Engineering Seminar, you will need to first schedule your main academic courses. Knowing your schedule (and putting it on a Trial Schedule Form—available in your Pittstart materials folder—so that it makes sense to you visually) will help you determine which time slots you have available to attend a Peer Advisor-led Seminar recitation section.

**STEP TWO: Pick a Seminar recitation section that interests you.**

- All of the Seminar recitation classes and the Peer Advisors who lead them are listed in this booklet. All you need to do is find a few that sound interesting to you that fit your schedule. We recommend that you pick three choices and to rank-order them in case your first or second choice has already been filled. The classes only hold about 15 students each, so it’s possible that you may need two or three options that fit your schedule. There are many to choose from, and it will be helpful to keep in mind that one of the important aspects of college is learning about and experiencing things that are new to you.

- A good way to decide on a Seminar recitation is to consider the following:
  - Can you meet on the day/time the section is scheduled to meet? Does the section fit into your schedule?
  - What interest areas appeal to you the most?
  - Who is the Peer Advisor? Might you share interests with him or her?

- Use the table on the next page to navigate through the catalog. The table lists each peer advisor, the time of the session and the interest topic. Click on a person’s name to find out more about that section. To navigate back to the table click the home on any slide.

**STEP THREE: Enter your Seminar lecture and recitation on your Trial Schedule.**

- Once you have determined which groups you might want to choose, fill in your top three Seminar Recitation choices on your Trial Schedule Form. Once you have filled in the form completely with your Seminar information as well as that for all of your other electives/classes, you are ready for course registration.
<table>
<thead>
<tr>
<th>Day/Time</th>
<th>Peer Advisor</th>
<th>Class #</th>
<th>Interest Topic</th>
<th>Day/Time</th>
<th>Peer Advisor</th>
<th>Class #</th>
<th>Interest Topic</th>
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<td>Aimee Sam</td>
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<td>Wed. 9-9:50 am</td>
<td>Sofia Leav</td>
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<td>Mon. 11-11:50 am</td>
<td>Alyssa Jordan</td>
<td>13303</td>
<td>DIY crafts</td>
<td>Wed. 10-10:50 am</td>
<td>Shaymi Adetayo</td>
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<td>13399</td>
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<td>Wed. 12-12:50 pm</td>
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<td>Wed. 12-12:50 pm</td>
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<td>Riddles</td>
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<td>19797</td>
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<td>Emery Dana</td>
<td>13306</td>
<td>Pittsburgh Food</td>
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</tbody>
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Aimee's Little Seminar

I’m Aimee, and if you choose this seminar, I will be your peer advisor this year! I became a peer advisor because I know how helpful it can be to have an upperclassman that you can ask questions, get advice from, or even have a random conversation with. Given my own transition, I know I can be this person for you!

Freshmen Seminar is designed to help you through the transition from high school to college. During our weekly meetings we will talk about a variety of topics such as how to handle your time wisely, how to resolve roommate conflicts, and ways to destress. I’ll answer any questions you may have and connect you with fellow freshmen engineers!

About me: Sophomore Chemical Engineering Harrisburg, PA

I selected this interest topic because I love football and the trash talking that comes with it. In this little seminar, we will talk about the different matchups taking place each week, playoff predictions, standout rookies, and who we feel are the league’s MVPs.

What is your interest topic?

NFL TALKS!

Why did you choose this interest topic?

CLASS NUMBER: 17470
MEETING DAY/TIME: Monday 10-10:50 AM
Hi y’all!

I’m Alyssa, and if you choose this seminar, I will be your peer advisor this year! I became a peer advisor because college can be quite an adjustment and it’s nice to have someone in your corner.

Freshmen Seminar is designed to help you through the transition from high school to college. During class, we’ll go over topics such as time management and stress relief. I will be here to help you by answering any questions, and providing any advice I can.

About Me:
Bioengineering & Computer Engineering
Junior
Lehighton, PA

What is your interest topic?
DIY Crafts

Why did you pick this interest topic?
I picked DIY Crafts as my interest topic because I love getting artsy and making fun creations. I hope we can create some cool projects together.

CLASS NUMBER: 13303
MEETING DAY/TIME: Monday 11-11:50 AM
MY NAME IS TYLER, AND IF YOU CHOOSE THIS SEMINAR, I WILL BE YOUR PEER ADVISOR THIS YEAR! I BECAME A PEER ADVISOR BECAUSE I CAME FROM ACROSS THE COUNTRY TO A WHOLE NEW WORLD AND SAW HOW CRAZY IT WAS TO BE A FRESHMAN IN COLLEGE – I WANT TO HELP GUIDE YOU THROUGH A SUCCESSFUL FIRST YEAR!

1) Major – Chemical Engineering
2) Year - Junior
3) From – Tucson, Arizona

Freshman Seminar is designed to help you through the transition from high school to college. We will be discussing things like navigating college (physically, emotionally, socially, etc.), healthy habits, and time management.

Interest Topic: Out Of Staters

I selected this topic to specifically help those who are not from around these parts (like me!), and to help surround you with people from across the country/world. Throughout the semester, I will work to make you more familiar with the quirks of Pittsburgh and what the city has to offer!

CLASS NUMBER: 13288
MEETING DAY/TIME: Monday 1-1:50 PM
Hi Everyone!
I’m Corrin, and if you choose this seminar, I will be your peer advisor this year! I became a peer advisor because I faced several challenges freshman year and want to share what I have learned.

Freshman Seminar is designed to help you through the transition from high school to college. We will cover topics like stress relief, how to deal with being homesick, and how to manage your busy schedule. Remember I’m here to help and be a resource for you all semester long!

My interest topic: **Nonathletic People Playing Sports**
I chose this topic because I enjoy staying in shape and love competition. However, I have little coordination, aim, or balance. Join me for a fun way to relieve stress and bond with other freshmen!

**CLASS NUMBER:** 13399
**MEETING DAY/TIME:** Monday 1-1:50 PM
More about me:
• Industrial Engineering
• Junior
• Allentown, PA

How do you do, fellow kids?
I am THE Chris Parker, and if you choose this seminar, I will be your peer advisor this year! I became a peer advisor because I want to pass on my infinite wisdom to a fresh crop of students, and because I want to help contribute to the success of as many people as I can!

Freshmen seminar is designed to help you through the transition from high school to college. From managing the course work, to utilizing campus resources, to making friends, we will talk about the important aspects of your next year here. You will also be able to form relationships with other freshmen.

What is your interest topic?
Stress Relief and Creativity!

Why did you pick this interest topic?
Things are stressful. College is stressful. Life is stressful. Relaxing and being creative are essential parts of life as an engineering student, since most of the curriculum is very calculated.

CLASS NUMBER: 25793
MEETING DAY/TIME: Monday 2-2:50 PM
Mary’s Little Seminar

More about me:
Civil Engineering
Senior
Doylestown, PA

I’m Mary, and if you choose this seminar, I will be your peer advisor this year! I became a peer advisor because I want to help freshmen find their places both within the walls of engineering and outside of them!

What is your interest topic?

Why did you pick this interest topic?
I chose this topic because I want to introduce students to all of the local art available to them! Our Pitt IDs can get us into art museums FOR FREE. Also, there are numerous shows, both on and off campus, that can give freshman something to do on the weekends to take their minds off of school.

Freshmen Seminar is designed to help you through the transition from high school to college. We will cover topics like stress relief and study skills! I am here for you to use as a resource, to answer all of your questions, and guide you through your first semester.

CLASS NUMBER: 19797
MEETING DAY/TIME: Monday 4-4:50 PM
Hi!
My name is Amritha and, if you choose this seminar, I will be your peer advisor this year! I became a peer advisor because I wanted to share my experiences in order to help other first years like you succeed!

What is Your Interest Topic?
Karaoke

Why Did You Pick This Interest Topic?
Karaoke is a good way to let loose and get to know one another. Plus, no one can resist 2000s throwbacks!

More About Me:
Bioengineering
Sophomore
Northern Virginia

Freshman Seminar is designed to help you through the transition from high school to college. I’m here to help you make the most of freshman year academically and socially – we’ll have a good time along the way!

CLASS NUMBER: 19794
MEETING DAY/TIME: Monday 4-4:50 PM
Freshmen Seminar is designed to help you through the transition from high school to college. We will cover topics like time management and stress relief to name a few. Remember I’m here to help and will answer any of your questions throughout the semester!

Hi!!
I’m Avery, and if you choose this seminar, I will be your peer advisor this year! I became a peer advisor because I want to use what I learned my freshman year to help incoming engineering students.

More about me:
Computer Engineering
Sophomore
Harrisburg, PA

Freshmen Seminar is designed to help you through the transition from high school to college. We will cover topics like time management and stress relief to name a few. Remember I’m here to help and will answer any of your questions throughout the semester!

What is your interest topic? **Board Games**

Why did you pick this interest topic? I picked this topic because I loved to play chess, checkers, and other board and card games when I was younger. In this seminar, we’ll relax, play some games, and have fun!

CLASS NUMBER: 13295
MEETING DAY/TIME: Monday 6-6:50 PM
Hello Everyone!!
I’m Anna, and if you choose this seminar, I will be your peer advisor this year! I became a peer advisor because I wanted to share my experiences from freshman engineering at Pitt, and become a resource for new students.

More about me:
Bioengineering
Senior
Erie, PA

Freshmen Seminar is designed to help you through the transition from high school to college. Every week we will be discussing important topics such as time management, study skills, and roommate conflicts. I am here as a resource for you! I can answer any questions you have and help you successfully navigate through freshman year! Plus, you’ll have the opportunity to get to know some fellow engineers while playing soccer every week!

What is your interest topic?
THE BEAUTIFUL GAME

Why did you pick this interest topic?
I picked this topic because I’ve always loved soccer. Playing pickup especially outside on Cathy lawn and intramurals are my favorite things. Whether you’ve played your whole life, or are a newcomer – all skill levels are welcome!

CLASS NUMBER: 23085
MEETING DAY/TIME: Monday 6-6:50 PM
Max’s Little Seminar

Hi!!
I’m Max, and if you choose this seminar, I will be your peer advisor this year! I became a peer advisor because I had a unique transition into freshmen year, and I want to share my experiences.

Freshmen Seminar is designed to help you through the transition from high school to college. We will cover everything from time management to stress relief, and I am a resource for you since I have already been in your shoes!

More about me:
Bioengineering
Senior
Watchung, NJ

Interest Topic: Tai Chi
Why did you pick this interest topic?
It is “meditation in motion,” which sounds awesome. No further explanation should be necessary.

CLASS NUMBER: 25795
MEETING DAY/TIME: Monday 7-7:50 PM
My name is Grace, and if you choose this seminar, I will be your peer advisor this year! I became a peer advisor because I learned a lot from my freshman seminar and wanted to pay it forward.

More About Me:  
Chemical Engineering  
Junior  
Pittsburgh, PA

Freshmen Seminar is designed to help you through the transition from high school to college. Throughout the semester we will talk about many different aspects of transitioning to college, such as time management and stress relief.

What is your interest topic?  
Stress Relief  
Why did you pick this interest topic?  
College is fun but also stressful and what better way to bond with your new classmates than while relieving stress in a fun environment!

CLASS NUMBER: 19798  
MEETING DAY/TIME: Tuesday 9-9:50 AM
Hey!

I’m Kayla, and if you choose this seminar, I will be your peer advisor this year! I became a peer advisor because I learned a lot during my freshmen year and I want to share my experiences with you.

Freshmen Seminar is designed to help you through the transition from high school to college. We will cover topics like time management and stress relief to name a few. Remember I’m here to help and will answer your questions and give advice!

Interest Topic:

**Music for former High School Musicians!**

*Why did I pick this interest topic?*

Being a high school musician myself, freshman year I missed having time set aside for music every week. I hope to have fun this semester making and sharing music with you!

**CLASS NUMBER:** 13296

**MEETING DAY/TIME:** Tuesday 10-10:50 AM
Hey! I’m Fodun and if you choose this seminar, I will be your peer advisor this year! I became a peer advisor because I received so much support as a freshman and I want to be able to help other students in the same way.

More about me:
• Computer Engineering
• Sophomore
• From Nigeria
• Live in Philly

Freshman Seminar is designed to help you through the transition from high school to college. We will cover many topics including, managing time and stress, utilizing campus resources, and many more. I’m here to help ease your college transition, so feel free to ask for help and make the most out of our Little Seminar!

What is your interest topic?
Young At Heart!

Why did you pick this interest topic?
I chose this topic because sometimes it’s nice to forget about all your worries and be a kid again!

CLASS NUMBER: 13307
MEETING DAY/TIME: Tuesday 11-11:50 AM
Hi!!
I’m Kenzie, and if you choose this seminar, I will be your peer advisor this year! I became a peer advisor because I love helping people have the best college experience they can by being a friend and resource :)

Freshmen Seminar is designed to help you through the transition from high school to college. Anything from stress relief to missing home to roommate troubles will be covered, and I’m here to help all semester!

More About Me:
Bioengineering
Junior
Rochester, NY

What is your interest topic?
**PLAYLIST PARTY - bonding through music taste**
Why did you pick this interest topic?
I picked this topic because I love listening to music, talking to people about their favorite songs, and making Spotify playlists when I’m stressed. We’ll share music, make study playlists, play music games, you name it :)

CLASS NUMBER: 31053
MEETING DAY/TIME: Tuesday 12-12:50 PM
Aimee’s Little Seminar

Hello!
I’m Aimee, and if you choose this seminar, I will be your peer advisor for this year! I became a peer advisor because I know how helpful it can be to have an upperclassman that you can ask questions, get advice from, or even have a random conversation with. Given my own transition, I know I can be this person for freshmen.

About Me!
- Chemical Engineering
- Sophomore
- Harrisburg, PA

Freshmen Seminar is designed to help you through the transition from high school to college. During our weekly meetings we will talk about a variety of topics such as how to handle your time wisely, how to resolve roommate conflicts, and ways to destress. I’ll answer any questions you may have, and you will get to connect with fellow freshmen engineers!

What is your interest topic?
Grind Time Vine Time

Why did you pick this interest topic?
I chose this interest topic because despite Vine being gone, its legacy must continue to live on! Outside of little seminar is the time to grind for your studies, but during little seminar it’s Vine time!

CLASS NUMBER: 31054
MEETING DAY/TIME: Tuesday 1-1:50 PM
Hello!
I’m Henry, and if you choose this seminar, I will be your peer advisor this year! I became a peer advisor because I want to help you through freshman year and share some of my experiences.

More about me:
Industrial Sophomore
Wilmington, DE

Freshmen Seminar is designed to help you through the transition from high school to college. I’ll be here all semester long to answer you questions about whatever. We’ll cover topics like stress relief and study skills and more fun things like that!

What is your interest topic? Pitt football

Why did you pick this interest topic?
I picked this topic because I’ve always been a fan of both college and professional football and Pitt is on the come up!

CLASS NUMBER: 25974
MEETING DAY/TIME: Tuesday 2-2:50 PM
Freshmen Seminar is designed to help you through the transition from high school to college. Every week we will be discussing important topics such as time management, study skills, and roommate conflicts. I am here as a resource for you! I can answer any questions you have and help you successfully navigate through freshman year! Plus, you’ll have the opportunity to get to know some fellow engineers while playing frisbee every week!

Hello Everyone!!
I’m Anna, and if you choose this seminar, I will be your peer advisor this year! I became a peer advisor because I wanted to share my experiences from freshman engineering at Pitt, and become a resource for new students.

More about your Peer Advisor:
Bioengineering
Senior
Erie, PA

Freshmen Seminar is designed to help you through the transition from high school to college. Every week we will be discussing important topics such as time management, study skills, and roommate conflicts. I am here as a resource for you! I can answer any questions you have and help you successfully navigate through freshman year! Plus, you’ll have the opportunity to get to know some fellow engineers while playing frisbee every week!

What is your interest topic?
TOSS THE DISC

Why did you pick this interest topic?
Did you know Pitt has one of the best Ultimate Frisbee teams in the country?! Whether you’ve always wanted to learn to toss the disk or if you’ve played all your life, this seminar is for you! I joined the Pitt Women’s Ultimate team two years ago, and have fallen in love with the sport. I’m looking forward to playing pickup ultimate with some fellow engineering students every week!

CLASS NUMBER: 13298
MEETING DAY/TIME: Tuesday 3-3:50 PM
Hey!
I’m Gabby, and if you choose this seminar, I will be your peer advisor this year! I became a peer advisor because I learned a ton of helpful info from my freshman seminar that I’d love to share with others.

Freshmen Seminar is designed to help you through the transition from high school to college. We cover topics like time and stress management to help make your freshman year as easy as possible. I’ll be here to answer any questions you guys have!

What is your interest topic? Game Shows!

Why did you pick this interest topic? I personally love game shows – watching them, playing them, you name it. Hearing the ridiculous answers people give on Family Feud always cheers me up!

More About Me:
• Electrical Engineering
• Sophomore
• Newton Square, PA

CLASS NUMBER: 13289
MEETING DAY/TIME: Tuesday 4-4:50 PM
Hi!

My name is Neeshil, and if you choose this seminar, I will be your peer advisor this year! I became a peer advisor to help share my advice and knowledge of navigating through freshman year.

**Purpose:**

Freshman Seminar is designed to help you through the transition from high school to college. We will cover many important topics like time management and study habits just to name a few. Keep in mind that I will always try to make time to help you guys throughout the semester.

**More About Me:**

Bioengineering
Sophomore
North Wales, PA

**What is your interest topic?** Basketball

**Why did you pick this interest topic?**
I picked this topic because I absolutely LOVE discussions about basketball. I hope I can have some fun debates about the sport throughout the semester.

**CLASS NUMBER:** 16508

**MEETING DAY/TIME:** Tuesday 4-4:50 PM
Hey Everyone!
I’m Haarika, and if you choose this seminar, I will be your peer advisor this year! I became a peer advisor because I think having a positive transition to college is vital for overall success, and I’m excited to work with you all!

More About Me:
Bioengineering  Junior  Washington D.C.

Freshmen Seminar is designed to help you through the transition from high school to college. We will discuss stress management and study skills that will help you attack your engineering curriculum. I’m here to help you hit the ground running in college!

What is your interest topic?
Out-of-Staters!

Why did you pick this interest topic?
I’m from Virginia, and coming to Pittsburgh was definitely a drastic change in environment. I want to introduce you guys to what makes Pittsburgh so special!

CLASS NUMBER: 13297
MEETING DAY/TIME: Tuesday 5-5:50 PM
Hey! I’m Fodun...

..and if you choose this seminar, I will be your peer advisor this year! I became a peer advisor because I received so much support as a freshman and I want to be able to help other students in the same way!

What is your interest topic?

Board Games!

Why did you pick this interest topic?

I chose this topic because I love playing games for fun and stress relief, and hope you will too!

CLASS NUMBER: 23086
MEETING DAY/TIME: Tuesday 6-6:50 PM
Hey!!

My name is Tyler, and if you choose this seminar, I will be your peer advisor this year! I became a peer advisor came from across the country to a whole new world and saw how crazy it was to be a freshman in college – I want to help guide you through a successful first year!

1) Major – Chemical Engineering
2) Year - Junior
3) From – Tucson, Arizona
4) House - Gryffindor

Freshman Seminar is designed to help you through the transition from high school to college. We will be discussing things like navigating college (physically, emotionally, socially, etc.), healthy habits, and time management.

Interest Topic: Harry Potter

I chose this seminar topic because, as of last summer, I am a huge Harry Potter fan (after reading the books for the first time), and I hope to find others who loved the series as much as I do – Homenum Revelio!

CLASS NUMBER: 23092
MEETING DAY/TIME: Tuesday 6-6:50 PM
Hey Everyone!
I’m Sofia and if you choose this seminar, I will be your peer advisor this year! I became a peer advisor because I had a great peer advisor who became a great resource for me and I wanted to do the same!

Freshman Seminar is designed to help you through the transition from high school to college. I know better than anyone that freshman year can bring a lot of challenges, so in this seminar we’ll talk about study tips, stress relief strategies and much more to make sure you have the skills to thrive here at Pitt!

More about me:
- Mechanical Engineering
- Junior
- Boston, MA

What is your interest topic?
High School Athletes

Why did you pick this interest topic?
Making the transition to college is different for someone who was a high school athlete. At a D1 school, not all of us can play varsity! I’ll show you other teams to be a part of and ways to stay active on campus. We’ll also play games outside when it is nice out!

CLASS NUMBER: 19801
MEETING DAY/TIME: Wednesday 9-9:50 AM
Shaymi’s Little Seminar
An exploration of the culture of different African countries

More about me:
- Full name: Oluwaseun Adetayo
- Computer Engineering
- Junior
- Northern Virginia
- Born in Nigeria

Freshmen Seminar is designed to help you through the transition from high school to college. We will talk about academics: academic resources on campus, places to study, good study habits, etc. We will also talk about the social transition: clubs and organizations, managing time, and fun things to do on campus. We will spend time discussing any questions that may come up to ensure that the transition to the University of Pittsburgh’s Swanson School of Engineering is smooth with little to no bumps.

If you choose this seminar, I will be your peer advisor this year! I became a peer advisor because I felt like seminar really helped me in transitioning well from high school to freshman year of engineering. Another big part in my smooth transition was the rigor of my high school. We were very fortunate to receive so many resources that many schools do not have for preparing for college. In university, you realize that everyone really comes from very different backgrounds and this can set some at a disadvantage. I also chose to become a peer advisor because I want to be able to help freshman utilize all their resources here and fulfill their potential.

What is your interest Topic? **AFRICAN CULTURE**
Why did you pick this interest topic?
As you may or may not be able to tell by my name, I am African; Nigerian to be exact. At home I am surrounded by my culture but I never really learned about any other culture but Nigerian. Africa is a continent that is rich in culture and I want to use this opportunity to educate myself and others on African Culture.

**CLASS NUMBER:** 23091
**MEETING DAY/TIME:** Wednesday 10-10:50 AM
Chris’s Little Seminar

More about me:
Industrial Engineering
Junior
Allentown, PA

How do you do, fellow kids?
I am THE Chris Parker, and if you choose this seminar, I will be your peer advisor this year! I became a peer advisor because I want to pass on my infinite wisdom to a fresh crop of students, and because I want to help contribute to the success of as many people as I can!

What is your interest topic?
Mu-sick A.K.A. Music

Why did you pick this interest topic?
I love listening to, creating, and exploring music, and I feel there is a lot to talk about and discover in regard to it.

Freshmen seminar is designed to help you through the transition from high school to college. From managing the course work, to utilizing campus resources, to making friends, we will talk about the important aspects of your next year here. You will also be able to form relationships with other freshmen.

CLASS NUMBER: 13287
MEETING DAY/TIME: Wednesday 11-11:50 AM
Hi!!

I’m Avery, and if you choose this seminar, I will be your peer advisor this year! I became a peer advisor because I want to use what I learned my freshman year to help incoming engineering students.

Freshmen Seminar is designed to help you through the transition from high school to college. We will cover topics like time management and stress relief to name a few. Remember I’m here to help and will answer any of your questions throughout the semester!

What is your interest topic?  **Bob Ross**

Why did you pick this interest topic?
I always like watching *The Joy of Painting* because it is both relaxing and interesting. In this seminar, we’ll destress by watching Bob Ross paint. We can even paint along!

**CLASS NUMBER:** 13286  
**MEETING DAY/TIME:** Wednesday 12-12:50 PM
Hey Everyone!
I’m Haarika, and if you choose this seminar, I will be your peer advisor this year! I became a peer advisor because I think having a positive transition to college is vital for overall success, and I’m excited to work with you all!

More About Me:
Bioengineering  Junior  Washington D.C.

Freshmen Seminar is designed to help you through the transition from high school to college. We will discuss stress management and study skills that will help you attack your engineering curriculum. I’m here to help you hit the ground running in college!

I'm not at all heavy, but even the strongest man in the world can't hold me for long. What am I?

What is your interest topic?
Ready for Riddles

Why did you pick this interest topic?
Riddles are a great way to relax, while fostering teamwork and creativity! I’m really excited to explore this interest topic – and we’re going to have a lot of fun this semester!

CLASS NUMBER: 13299
MEETING DAY/TIME: Wednesday 12-12:50 PM
Hello!
I’m Henry, and if you choose this seminar, I will be your peer advisor this year! I became a peer advisor because I want to help you through freshman year and share some of my experiences.

**More About Me:** Industrial | Sophomore | Wilmington, DE

Freshmen Seminar is designed to help you through the transition from high school to college. I’ll be here all semester long to answer your questions about whatever. We’ll cover topics like stress relief and study skills and more fun things like that!

**What is your interest topic?**

**Fantasy Football**

**Why did you pick this interest topic?**

I’m an elite fantasy football player and I wanted the chance give and take a little advice and some trash talk.

**CLASS NUMBER:** 13300
**MEETING DAY/TIME:** Wednesday 1-1:50 PM
Hi!!

I’m Kenzie, and if you choose this seminar, I will be your peer advisor this year! I became a peer advisor because I love helping people have the best college experience they can by being a friend and resource :)

Freshmen Seminar is designed to help you through the transition from high school to college. Anything from stress relief to missing home to roommate troubles will be covered, and I’m here to help all semester!

More About Me:
Bioengineering
Junior
Rochester, NY

What is your interest topic? **GAMES**

Why did you pick this interest topic? I picked this topic because I love bonding over some friendly competition. Bonus perk is that I love to get outside when it’s warm!

CLASS NUMBER: 13400
MEETING DAY/TIME: Wednesday 4-4:50 PM
Hi!
I’m Rushil, and if you choose this seminar, I will be your peer advisor this year! I became a peer advisor because I had a great freshmen seminar and would like to make sure you have a fun and helpful seminar as well!

Freshmen Seminar is designed to help you through the transition from high school to college. We will talk about study tips, time management strategies, and much more to help you thrive both academically and socially at Pitt!

What is your interest topic? **The Outdoors**

Why did you pick this interest topic?
I picked this topic because I love spending time outside and enjoying nature wherever I am. This seminar will give you a break from your course load to enjoy the natural scene of Oakland!

**CLASS NUMBER:** 23087
**MEETING DAY/TIME:** Wednesday 5-5:50 PM
Hey!

I’m Kayla, and if you choose this seminar, I will be your peer advisor this year! I became a peer advisor because I learned a lot during my freshmen year and I want to share my experiences with you.

Freshmen Seminar is designed to help you through the transition from high school to college. We will cover topics like time management and stress relief to name a few. Remember I’m here to help and will answer your questions and give advice!

Interest Topic:

**Lawn Games!**

Why did I pick this interest topic? Every time my family and friends get together in the summer we play lawn games such as cornhole, ladder golf, and spike ball. I love to compete and want to bring these fun games to your first year experience.

CLASS NUMBER: 16509
MEETING DAY/TIME: Wednesday 6-6:50 PM
Hey!
My name is Neeshil, and if you choose this seminar, I will be your peer advisor this year! I became a peer advisor to help share my advice and knowledge of navigating through freshman year.

Purpose:
Freshman Seminar is designed to help you through the transition from high school to college. We will cover many important topics like time management and study habits just to name a few. Keep in mind that I will always try to make time to help you guys throughout the semester.

More About Me:
Bioengineering
Sophomore
North Wales, PA

What is your interest topic? Card Games

Why did you pick this interest topic?
I picked this topic because I always had fun playing different card games with my friends and family. I thought it would be a good way for me to get to know you guys.

CLASS NUMBER: 25796
MEETING DAY/TIME: Wednesday 7-7:50 PM
Hey Everyone!
I’m Asher, and if you choose this seminar, I will be your peer advisor this year! I became a peer advisor because I want to share what I learned freshman year to help make your first year great!

More About Me: Mechanical Engineering
Sophomore Beaver, PA

Freshmen Seminar is designed to help you through the transition from high school to college. We will cover topics like time management, stress relief, and study hacks to name a few. Remember I’m here to help and will answer any questions you might have!

What is your interest topic?
Hacky Sack
Why did you pick this interest topic?
While I never played soccer in high school, I always loved to kick a hacky sack around with friends. It’s a great way to get moving and to meet new people! Expect to play a lot of hacky sack this semester!

CLASS NUMBER: 19799
MEETING DAY/TIME: Thursday 9-9:50 AM
Hey!

I’m Gabby, and if you choose this seminar, I will be your peer advisor this year! I became a peer advisor because I learned a ton of helpful info from my freshman seminar that I’d love to share with others.

More about me:
- Electrical Engineering
- Sophomore
- Newtown Square, PA

Freshmen Seminar is designed to help you through the transition from high school to college. We cover topics like time and stress management to help make your freshman year as easy as possible. I’ll be here to answer any questions you guys have!

What is your interest topic?
Board Games!

Why did you pick this interest topic?
One of my favorite ways to relieve stress is to hang out and play some board games! It’s a great way to get to know other freshman engineers while having a bit of fun!

CLASS NUMBER: 13308
MEETING DAY/TIME: Thursday 11-11:50 AM
More about me:
- Full name: Oluwaseun Adetayo
- Computer Engineering
- Junior
- Northern Virginia

Freshmen Seminar is designed to help you through the transition from high school to college. We will talk about academics: academic resources on campus, places to study, good study habits, etc. We will also talk about the social transition: clubs and organizations, managing time, and fun things to do on campus. We will spend time discussing any questions that may come up to ensure that the transition to the University of Pittsburgh’s Swanson School of Engineering is smooth with little to no bumps.

If you choose this seminar, I will be your peer advisor this year! I became a peer advisor because I felt like seminar really helped me in transitioning well from high school to freshman year of engineering. Another big part in my smooth transition was the rigor of my high school. We were very fortunate to receive so many resources that many schools do not have for preparing for college. In university, you realize that everyone really comes from very different backgrounds and this can set some at a disadvantage. I also chose to become a peer advisor because I want to be able to help freshman utilize all their resources here and fulfill their potential.

What is your interest Topic? CARD GAMES
Why did you pick this interest topic?
I absolutely love playing card games. When we had free time in class in high school (which was very rare), I always played card games with friends. I also thought it’d be cool to learn the different signature card games from different countries. Let’s play interesting card games!

CLASS NUMBER: 19800
MEETING DAY/TIME: Thursday 12-12:50 PM
EMERY’S LITTLE SEMINAR

ABOUT ME: Hey! My name is Emery Dana, and I’m a sophomore industrial engineering student from Kennett SQ, PA. If you choose this seminar, I will be your peer advisor this year! I became a peer advisor because I like meeting/helping people! Some other things I like: reading, exercising, cooking/baking, watching movies.

ABOUT SEMINAR: Freshmen Seminar is designed to help you through the transition from high school to college. We’ll talk about how to relieve stress, study effectively, and more!

WHAT’S YOUR INTEREST TOPIC? SLIME & SCIENCE

WHY DID YOU PICK THIS INTEREST TOPIC? Engineering is great and all, but slime is my true passion. I can teach you how to bottle fame, brew glory, and even make the slime that crinkles. Curriculum includes Intro to Slime, Advanced Slime, and other kid science projects (e.g. scratch & sniff stickers, elephant toothpaste).

CLASS NUMBER: 13302
MEETING DAY/TIME: Thursday 3-3:50 PM
Hi y’all!
I’m Alyssa, and if you choose this seminar, I will be your peer advisor this year! I became a peer advisor because college can be quite an adjustment and it’s nice to have someone in your corner.

Freshmen Seminar is designed to help you through the transition from high school to college. During class, we’ll go over topics such as time management and stress relief. I will be here to help you by answering any questions, and providing any advice I can.

About Me:
Bioengineering & Computer Engineering
Junior
Lehighton, PA

What is your interest topic?
Games

Why did you pick this interest topic?
I picked Games as my interest topic because I enjoy strategizing and socializing while competing in fun games. I hope we get the chance to play against each other.
Hey Everyone!
I’m Sofia and if you choose this seminar, I will be your peer advisor this year! I became a peer advisor because I had a great peer advisor who became a great resource for me and I wanted to do the same!

Freshman Seminar is designed to help you through the transition from high school to college. I know better than anyone that freshman year can bring a lot of challenges, so in this seminar we’ll talk about study tips, stress relief strategies and much more to make sure you have the skills to thrive here at Pitt!

More about me:
• Mechanical Engineering
• Junior
• Boston, MA

What is your interest topic?
Women in Engineering

Why did you pick this interest topic?
I chose this topic because this is something I wish existed my freshman year. I want to create a safe environment for people to hang out, discuss issues and meet some like minded people!*

*This seminar is open to anyone who wishes to join it; it is not limited by gender.

CLASS NUMBER: 16507
MEETING DAY/TIME: Thursday 6-6:50 PM
Hey Everyone!

I’m Max, and if you choose this seminar, I will be your peer advisor this year! I became a peer advisor because I had a unique transition into freshmen year, and I want to share my experiences.

More About Me: Bioengineering  Senior  Watchung, NJ

Freshmen Seminar is designed to help you through the transition from high school to college. We will cover everything from time management to stress relief, and I am a resource for you since I have already been in your shoes!

Interest Topic: Intro. to Hip-Hop!

Why did you pick this interest topic?
I love the genre of music and enjoy sharing my interests along with hearing what others like.

CLASS NUMBER: 23088
MEETING DAY/TIME: Thursday 6-6:50 PM
Mary’s Little Seminar

Freshmen Seminar is designed to help you through the transition from high school to college. We will cover topics like stress relief and study skills! I am here for you to use as a resource to answer all of your questions and guide you through your first semester.

I’m Mary, and if you choose this seminar, I will be your peer advisor this year! I became a peer advisor because I want to help freshmen find their places both within the walls of engineering and outside of them!

What is your interest topic?

Coffee

Why did you pick this interest topic?

I chose this topic because if there is anything that got me through freshman year it was COFFEE. I know all about different coffee shops off campus for study spots, or places on campus for a quick fix on your way to class!

More about me:

Civil Engineering
Senior
Doylestown, PA

CLASS NUMBER: 23089
MEETING DAY/TIME: Friday 9-9:50 AM
Hi!
I’m Rushil, and if you choose this seminar, I will be your peer advisor this year! I became a peer advisor because I had a great freshmen seminar and would like to make sure you have a fun and helpful seminar as well!

Freshmen Seminar is designed to help you through the transition from high school to college. We will talk about study tips, time management strategies, and much more to help you thrive both academically and socially at Pitt!

What is your interest topic? **PHOTOGRAPHY**

Why did you pick this interest topic? I picked this topic because I love taking pictures. This seminar will give you an opportunity to learn cool photography tricks and take many pictures yourself!

More about me:
Industrial Engineering
Senior
Cleveland, OH

CLASS NUMBER: 23090
MEETING DAY/TIME: Friday 10-10:50 AM
Amritha’s Little Seminar!

Hi!
My name is Amritha and, if you choose this seminar, I will be your peer advisor this year! I became a peer advisor because I wanted to share my experiences in order to help other first years like you succeed!

More About Me:
Bioengineering
Sophomore
Northern Virginia

What is Your Interest Topic?
Coloring

Why Did You Pick This Interest Topic?
Coloring is a good way to relieve stress. Plus, you always go home with something you can hang up in your dorm!

Freshman Seminar is designed to help you through the transition from high school to college. I’m here to help you make the most of freshman year academically and socially – we’ll have a good time along the way!

CLASS NUMBER: 17471
MEETING DAY/TIME: Friday 11-11:50 AM
Hi Everyone!

I’m Corrin, and if you choose this seminar, I will be your peer advisor this year! I became a peer advisor because I faced several challenges freshman year, and want to share what I have learned.

Freshman Seminar is designed to help you through the transition from high school to college. We will cover topics like stress relief, how to deal with being homesick, and how to manage your busy schedule. Remember I’m here to help and be a resource for you all semester long!

More About Me: I am a Chemical Engineering Senior from Newark, DE

My interest topic: **History of Rock and Roll**
I chose this topic because I love music and am especially interested in rock and how it has influenced our society. Join me for a fun way to relieve stress and bond with other freshmen!

CLASS NUMBER: 13305
MEETING DAY/TIME: Friday 12-12:50 PM
My name is Grace, and if you choose this seminar, I will be your peer advisor this year! I became a peer advisor because I learned a lot from my freshman seminar and wanted to pay it forward.

**More About Me:** Chemical Engineering  
Junior  
Pittsburgh, PA

Freshmen Seminar is designed to help you through the transition from high school to college. Throughout the semester we will talk about many different aspects of transitioning to college, such as **time management** and **stress relief**.

**What is your interest topic?**

**TRIVIA**

Why did you pick this interest topic?  
Nothing brings people together like the split-second pressure of correctly answering an absurd question. We will play all sorts of trivia-related games – it will be a (ka)hoot!

**CLASS NUMBER:** 13301  
**MEETING DAY/TIME:** Friday 1-1:50 PM
Hey Everyone!!

I’m Asher, and if you choose this seminar, I will be your peer advisor this year! I became a peer advisor because I want to share what I learned freshman year to help make your first year great!

More about me:
- Mechanical Engineering
- Sophomore
- Beaver, PA

Freshmen Seminar is designed to help you through the transition from high school to college. We will cover topics like time management, stress relief, and study hacks to name a few. Remember I’m here to help and will answer any questions you might have!

What is your interest topic? CHESS

Why did you pick this interest topic?
I picked this topic because I always loved the logic and elegance of chess. Besides being fun, it’s also a great way to challenge your brain! Expect to learn new strategies, play speed chess, and compete in chess tournaments!

CLASS NUMBER: 13304
MEETING DAY/TIME: Friday 1-1:50 PM
EMERY’S LITTLE SEMINAR

ABOUT ME: Hey! My name is Emery Dana, and I’m a sophomore industrial engineering student from Kennett SQ, PA. If you choose this seminar, I will be your peer advisor this year! I became a peer advisor because I like meeting/helping people! Some other things I like: reading, exercising, cooking/baking, watching movies.

ABOUT SEMINAR: Freshmen Seminar is designed to help you through the transition from high school to college. We’ll talk about how to relieve stress, study effectively, and more.

WHAT’S YOUR INTEREST TOPIC? FOOD IN PITTSBURGH

WHY DID YOU PICK THIS INTEREST TOPIC? Why do they put fries on their salads and their sandwiches? And why are all sandwiches called “hoagies”? These are the things that keep me up at night. Fellow foodies, join me as we get to the bottom of Pittsburgh food traditions, exchange college food hacks, embark on restaurant fieldtrips, and have our own Chopped competition—dining hall edition.

CLASS NUMBER: 13306
MEETING DAY/TIME: Friday 1-1:50 PM