

# Global Preparation Checklist

**Apply for your passport** for your country of residency **before** you apply to do a global experience-- have it in hand!

Ensure your **passport is valid for 6 months after your scheduled return date!** Most countries will *not* permit you to enter if it expires while you plan to be abroad, or if the dates are close. Renew your passport if this applies to you.

**What type of program would you want to do?** [Read about the differences in types of programs here.](#)

**Consider the duration of your program, and when time of year would you want to go?** Short-term, semester, or full academic year? Fall, spring, spring break, or summer?

Make sure the **program dates, cost, and locations** work for your intended schedule (co-op, vacation, classes, etc.)

Look for programs that fit your **needs, wants, and academic interests.** What *unique classes* can you take at that location? Write down your top 3 options!

**Make an appointment** with a global programs manager to discuss your options! Use this link or the Pathways app to schedule.

**PASSPORT EXPIRY DATE:**

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**PROGRAM TYPE: CIRCLE ONE**

Panther

Pitt-Recognized Program (PRP)

Research/ Co-op/ Internship

Exchange

**PROGRAM DURATION: CIRCLE ONE**

Short-Term

Semester

Full Year

**PROGRAM TIMEFRAME: CIRCLE ONE**

Fall

Spring

Summer

**WRITE DOWN YOUR TOP 3 PROGRAMS**

**01**

**02**

**03**



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## BEFORE YOU APPLY...

When applying to your program, **follow all the instructions on the relevant program page**. They vary from program to program!

Depending on your program, you may need to submit an **additional application or materials** directly to the host institution or provider.

Search for **scholarships** through PittFund\$Me and for national scholarships. Apply to them at the same time you're applying to your program; many have *early deadlines*!

**Contact Oafa** to see if your Financial Aid can be used for your program (Speak with Jon Vukmanic-jov61@pitt.edu).

Research if you will need a visa for your program-you are **responsible for obtaining your own visa** if one is required.

Read about past Pitt students' experiences through Pitt GEO blogs for different programs.

Research how you may be able to turn your global experience into an academic credential like the International Engineering Studies certificate or the Global Distinction.

## SEARCH FOR SCHOLARSHIPS

### PittFund\$Me

- Global Experiences Office
- SSOE Scholarships
- Vira I. Heinz Scholarship
- Carl F. Poke Fund
- Ervine-McCourt Scholarship
- Frederick Honors College
- NRIEP Scholarships
- Show Them the World

## AFTER YOU APPLY

**Research your location** to discover more information, such as CDC recommendations, local laws in country, and cultural practices.

Learn some helpful phrases in the local language: please, thank you, yes, no, etc.

Review resources for your safety and security while abroad.

Prepare yourself with the 8 Dimensions of Global Wellness for holistic preparation for abroad.

Know that your personal identity may be viewed differently abroad. Read up on diversity and identity before you go!