Foundations of Successful Career Planning and Development
Two graduate credits over two semesters

Course Description
The course provides foundational training in career planning and professional development. Key skills that graduate students and postdocs build are:
- increasing your capacity for self-directed career development
- fostering life-long career management habits
- maximizing your scholarly training success
- shaping positive career outcomes

Students will engage in experiential learning, small-group discussions, and peer mentoring. These different approaches enable individually relevant and self-constructed understandings of career development, consistent with expectations of independence in scholarly activities. Areas for discussion include: self-assessments, exploration of different career options, how to set goals, career adaptability, and other topics identified by students.

*Nature* cited the University of Pittsburgh for being among the first universities to offer a credit-bearing, graduate-level career development course. (Initially listed under a different course name), *Nature* 489, 593; 2012

Format
This course spans a consecutive Fall and Spring term, and students must attend for the entire academic year for a total of two course credits.

Class meets for two hours over lunch every other week starting August 31 - Sept 2, 2015. Brown bag lunch encouraged. Three class options offered so that you may select the one most convenient for your schedule. You will remain in the selected class for both semesters.

**Switching classes not possible due to class size limitations.**

<table>
<thead>
<tr>
<th>Mondays</th>
<th>6 pm - 8 pm</th>
<th>332 Cathedral of Learning</th>
<th>MSMPHL3340-1040 (27535)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Tuesdays</td>
<td>11 am - 1 pm</td>
<td>(TBD) Salk Hall</td>
<td>MSMPHL3340-1040 (27536)</td>
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<tr>
<td>Wednesdays</td>
<td>12 pm - 2 pm</td>
<td>1395 Starzl Biomed Sci Tower</td>
<td>MSMPHL3340-1040 (27537)</td>
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**Required fees:** MBTI assessment and book $40

Eligibility
All Schools and Programs Welcome

Postdoctoral Scholars and Associates: Permission number required, Postdoc tuition benefits apply
Graduate student in Doctoral Program: Permission number required
Graduate student in Master’s Program: Wait list for remaining slots
*Contact Steve Wendell for permission number or to be added to the wait list (wend0017@pitt.edu)*

*Please discuss with your department/program and mentor before registering.*

Inquiries
Course Director: Steve Wendell (wend0017@pitt.edu)
Additional Information: http://www.oacd.health.pitt.edu/news-events/career-course