ENGR 0081 Catalog

University of Pittsburgh
Swanson School of Engineering, Fall 2181
About Seminar

What is the purpose of Freshman Seminar?
Freshman Seminar (ENGR 0081) is designed with the needs of first-year Engineering students in mind. The main objectives are to:

• Help ease the transition from high school to college by helping you discover new information, plan for future goals, and act upon those plans to achieve success in your first year and beyond.

• Educate you about the different fields of Engineering study and help you select your major if you’re not sure which field is right for you.

How Is Freshman Seminar structured?
There are two components of Freshman Seminar:

Online Lectures Weekly
All first-year Engineering students will be required to watch a weekly presentation from one of the ENGR departments or the Freshman Program Office. These online presentations will help you gain a better understanding of the various fields of Engineering and give you relevant information you need to know about registration, etc. No matter what major you choose (and if you don’t know yet, that’s okay!) you will likely someday work with engineers of various disciplines, so having a good understanding of each field is important. These meetings will also provide resources to help you with certain Engineering 0011 and 0012 (or 0711/0712) assignments.

Small Group Recitation Meetings
The small group recitation sections are comprised of about 15 students per section, and are grouped according to an interest that the students in the class share. They are led by Peer Advisors (see next page). The recitation sections will help connect you to others in the freshman class and also put you in touch with a successful upperclass student. The recitation section will focus on acquainting you with local and campus resources and provide you with tips and tools for academic success.
About Seminar (cont.)

What are Peer Advisors?
Peer Advisors are Engineering students, just like you, who are here first and foremost to help you, answer your questions, and provide you with information that will help you be successful in your first year. They have walked the path on which you are about to embark as a first year Engineering student and they want to share the lessons they’ve learned and answer any questions you may have about academics, extracurricular activities, balancing school and fun, and anything else you may want to ask. Peer Advisors are great listeners too, and they’re willing to help if you need to bounce ideas off of someone or discuss a problem or frustration that you may be experiencing.

Peer Advisors:
• Are members of the Freshman Engineering Leadership Team (FELT) in the Freshman Engineering Program office.
• Lead the small group recitation sections of Seminar.
• Conduct one-on-one meetings with the students in their Seminar recitation section.
• Serve as a resource for certain Engineering 0011 and 0012 (or 0711 and 0712) assignments.
• Are willing to communicate with their freshmen outside of class via phone/email/appointments.

What kinds of topics will my Peer Advisor cover in Seminar Recitation?
Your Peer Advisor knows that most freshmen in the Swanson School of Engineering never had to study very hard in high school. And he/she knows that the workload in Freshman Engineering is a major change for most freshmen—even the best and the brightest. To help you adjust to this new and incredibly demanding workload, Peer Advisors will talk about topics such as time management, study skills, stress management, developing relationships with professors and advisors, and where to go for help if you need it.

Peer Advisors also know that in order to get the full experience of college life, it’s important to take Pitt up on all of the many fun opportunities it has to offer. Your Peer Advisor will help you get to know Pitt and the city of Pittsburgh a little better and also help you connect to fun and exciting campus opportunities.
Registering for Seminar

How do I select a Seminar recitation section?

**STEP ONE:** Figure out your academic schedule.
Before you can register for a section of Freshman Engineering Seminar, you will need to first schedule your main academic courses. Knowing your schedule (and putting it on a Trial Schedule Form—available in your Pittstart materials folder—so that it makes sense to you visually) will help you determine which time slots you have available to attend a Peer Advisor-led Seminar recitation section.

**STEP TWO:** Pick a Seminar recitation section that interests you.
All of the Seminar recitation groups and the Peer Advisors who lead them are listed in this booklet. All you need to do is find a few that sound interesting to you that fit your schedule. We recommend that you pick three choices and to rank-order them in case your first or second choice has already been filled. The classes only hold about 15 students each, so it’s possible that you may need two or three options that fit your schedule. There are many to choose from, and it will be helpful to keep in mind that one of the important aspects of college is learning about and experiencing things that are new to you.

A good way to decide on a Seminar recitation is to consider the following:
- Can you meet on the day/time the section is scheduled to meet? Does the section fit into your schedule?
- What interest areas appeal to you the most?
- Who is the Peer Advisor? Might you share interests with him or her?

**STEP THREE:** Enter your Seminar lecture and recitation on your Trial Schedule.
Once you have determined which groups you might want to choose, fill in your top three Seminar Recitation choices on your Trial Schedule Form. Once you have filled in the form completely with your Seminar information as well as that for all of your other electives/classes, you are ready for course registration.
Calling all high school athletes!

Learn how to find teams and stay active here at Pitt

Your Peer Advisor:

• Sofia Leav
• Mechanical Engineering
• Sophomore
• Boston, MA

In freshman seminar we’ll talk about all the important things to know in your transition from high school to college. Freshman year can bring a lot of challenges, and together we’ll make sure you have the tools to tackle it. You’ll get to work on time management, meet some cool new people, and have the opportunity to ask any questions.

Making the transition to college is different for someone who was a high school athlete. As a D1 school, not all of use can play varsity! I’ll teach you were to find other teams to be a part of. We will also talk about the ways to stay active at Pitt and using the resources that we have to offer. We’ll also definitely play some games outside when it is nice out!

CLASS NUMBER: 17815
MEETING DAY/TIME: Monday, 10-10:50 AM
What is... Trivia?

Freshman Engineering Seminar is designed to help you adjust to college and make a smooth transition during your first year at Pitt. In this seminar, we’ll cover some helpful tips for your freshman year involving study habits, time management, relationships with home, and balancing a social life. Engineering might seem like a lot to take on, but we’re here to help you adjust to your new blue & gold home!

Do you often find yourself starting sentences with: “did you know…”? Do you get a little too competitive while watching Jeopardy? Do you just like learning new fun facts? If you answered yes to any of those questions, this seminar is for you! At the end of each class, we’ll have different trivia challenges to test your knowledge of anything and everything – from Pittsburgh, to history, to Disney, and more!

CLASS NUMBER: 13412
MEETING DAY/TIME: Monday, 11-11:50 AM

Your Peer Advisor:
- Emily Zullo
- Industrial Engineering
- Senior
- Pittsburgh, PA
Do you ever feel overwhelmed with your workload & just feel like you need a break? The responsibilities of university life are immense and sometimes hard to swallow, however, there are many ways to relieve your stress, even in a college environment. In this seminar we will do yoga, paint, and discuss university student resources among many other fun activities that will help you manage your stress during your first year as an engineering student!

Stress Relief Seminar
Relaxing and Managing Stress in College

Your Peer Advisor:

→ Grace Bova
→ Bioengineering
→ Senior
→ Allentown, PA

Freshman Seminar is a class focused on YOU & your college transition. We will discuss all the obstacles you will encounter as a freshman both socially and academically. You can make new friends and use me as a resource for your questions and concerns. Freshman Seminar will be a fun and relaxing way to face the challenges of first semester!

CLASS NUMBER: 13395
MEETING DAY/TIME: Monday, 1-1:50 PM
Welcome to Hip-Hop!!!

- Hello! My name is Max Baxter and I am a junior bioengineering student from Watchung, New Jersey!

- Welcome to freshman engineering seminar! In this Hip-Hop themed seminar, we will listen to and talk about music from a variety of our favorite hip hop artists ranging from the early 90's to the present day.

- We will also talk about several important topics regarding your transition into college and Pitt's first year engineering program. This includes everything from strategies for preparing for exams to working out issues with your roommate(s). You will also have the opportunity to meet and get to know many of your peers!

Artists we will def. listen to:
- Kendrick Lamar
- Chance The Rapper
- Kanye West
- A$AP Mob
- Beast Coast Rappers
- Biggie
- Tupac
- Danny Brown
- Earl Sweatshirt
- Tyler The Creator
- Anderson .Paak
And many more...

CLASS NUMBER: 13511
MEETING DAY/TIME: Monday, 1-1:50 PM
YOUR PEER ADVISOR:

- Daxton Scholl
- Year: Senior
- Major: Computer Engineering
- Hometown: Bethlehem, PA
- Owner/Lead Photographer: Drift Pizza Media!

What the heck is Freshman Seminar???

Freshman Engineering Seminar is a way for you to connect with an upperclassman Pitt engineer, who will help guide you through some of the changes freshmen experience. Here a group of freshmen engineers will meet once a week and talk about different topics such as: study skills, roommates, relationships, independent living and on/off campus activities. This is a very open setting in which you are encouraged to have a good time, ask questions, make friends and embrace your new home at Pitt!

In this seminar, our group will do more than talk about the information listed above, our main focuses will be on motorsports, racing and anything with an engine! Each week we will talk about a different form of motorsport, from SCCA racing and FSAE to D1 Drifting and Super GT. Our group will learn about the governing bodies that run these events, the cars that participate and even watch some of the races in our class. If you love cars, racing or just the idea of being on a track this is the seminar for you!

CLASS NUMBER: 26601
MEETING DAY/TIME: Monday, 2-2:50 PM
The More You Know
A Seminar focused around Trivia

Your Peer Advisor:
- Tyler Weinstein
- Chemical Engineering
- Sophomore
- Tucson, AZ

Freshman Seminar is an important course for anyone beginning their freshman year. We will discuss topics and challenges facing new Pitt engineering students, such as: acclimating to school, finding your way around campus, and utilizing campus-wide resources for a variety of purposes. Along the way, you’ll meet new people, have fun adventures, and learn many of the realities of college life.

Know any random facts? Care to learn weird and wacky pieces of information that have no practical importance? Do you know the capital of Burkina Faso, or what the world’s heaviest bony fish is? These are all excellent reasons to attend the trivia seminar, where we’ll learn not only useful information about Pitt, but also the number of bridges in the city of Pittsburgh.

CLASS NUMBER: 20249
MEETING DAY/TIME: Monday, 4-4:50 PM

THIS SEMINAR IS HELD IN FORBES HALL FOR FORBES RESIDENTS ONLY!
Outdoors Seminar

Freshman Engineering Seminar is designed to ease your transition from high school to college. We’ll talk about ways to handle a difficult course load, time management, resources, and more. It’s a great place to take a break from class to ask questions and meet new people!

Your Peer Advisor:
• Shumeng Yang
• Bioengineering
• Sophomore
• Malvern, PA

Want to take a break from Benedum or Hillman? Join the Outdoors seminar, where we will explore ways to get outside and enjoy nature around Oakland and Pittsburgh such as trails, parks, Phipps, and more!

CLASS NUMBER: 20253
MEETING DAY/TIME: Monday, 4-4:50 PM
Yinz goin’ dahntahn to watch em Stillers n’at?
Immerse yourself in the linguistic phenomenon that is Pittburghese, a variation of the English language that exists solely at the confluence of “The Mon, The Gheny, and the Ahio.” Revel in the glory of the greatest sports teams on Earth. Experience what each unique neighborhood of the Steel City has to offer.
In this seminar, we’ll discuss topics relevant to freshman engineers such as study skills, exam prep, and social adjustments while getting to know your beautiful new city.

CLASS NUMBER: 13403
MEETING DAY/TIME: Monday, 6-6:50 PM
As many of you may soon come to find out, the transition from high school to freshman engineering is difficult. Freshman Engineering Seminar is meant to help ease that transition. We will talk about academics: academic resources on campus, places to study, good study habits, etc. We will also talk about the social transition: clubs and organizations you can join, managing time, and fun things to do on campus. We will spend time discussing any questions that may come up to ensure that the transition to the University of Pittsburgh’s Swanson School of Engineering is smooth with little to no bumps.

The freshman 15…it sneaks up on the best of us. This seminar is to help you stay fit while on campus. College is stressful at times, we get busy and end up not having the time to work out. In this seminar, you will get accountability partners (your peers) to help keep you in check. I know personally, I had to have friends to work out with or friends to ask me, “hey, did you end up working out like you wanted to?” We will discuss how to fit exercising in your schedule, different places to work out and healthy food options on campus, and various exercises to do on leg day, arm day, abs day, and so on. It gets pretty cold here in Pittsburgh and I know it makes me not want to walk to the gym. Are you the same? We will also discuss at home exercises you can do depending on the level you are on. Together we can work to stay fit and eat healthy for not only freshman year, but for more years to come!
Welcome to Stress Relief!!!

- Hello! My name is Max Baxter and I am a junior bioengineering student from Watchung, New Jersey.
- Welcome to freshman engineering seminar! Engineering can be quite stressful at times, so in stress relief we will take part in several different games and activities with the sole purpose of relieving stress! While I have some ideas for different things we can do, suggestions are also always welcome and are encouraged! Come join the most chill seminar recitation here!
- We will also talk about several important topics regarding your transition into college and Pitt’s first year engineering program. This includes everything from strategies for preparing for exams to working out issues with your roommate(s). You will also have the opportunity to meet and get to know many of your peers!

CLASS NUMBER: 26603
MEETING DAY/TIME: Monday, 7-7:50 PM
**All Aboard the Board Game Train!**

**Board Game and Cards weekly**

**Your Peer Adviser:**
Ryan Ronczka
Sophomore
Mechanical Engineering
Cranberry, PA

This Seminar is meant to help freshman engineering students ease into their first semester here at Pitt. In this class, I’ll share with you the tips and tricks I learned from my own personal experience freshman year. Some of the topics we’ll discuss are: study habits, stress relief, time management, and how to explore the city of Pittsburgh.

**FEATURED GAMES**
- Life
- Sorry
- Apples to Apples
- Monopoly
- Uno
- And much more!!!

Board Games are a great way to relieve stress from a busy workload and have a good time with friends. Join me this year for fun and excitement as we bond through some of your favorite board games and card games, both classic and new.

**CLASS NUMBER:** 20254
**MEETING DAY/TIME:** Tuesday, 9-9:50 AM
Group Games

Freshman Engineering Seminar is designed to help transition to the University of Pittsburgh and the Swanson School of Engineering. In this seminar, we will talk about many different aspects of the transition to college – from academics, to interacting with professors, to finding ways to get involved. Seminar is a great time to ask any questions you have about freshman year and to get to know many other engineering students that you might not have met otherwise!

Were review games the highlight of your week in high school? Do you look for just about any opportunity to be competitive in a group setting? If you answered yes, look no further! In addition to our weekly topic, we will take the time to play fun and competitive group games!

Grace Watson
Chemical Engineering
Sophomore
Pittsburgh, PA

CLASS NUMBER: 13404
MEETING DAY/TIME: Tuesday, 10-10:50 AM
The goal of freshman seminar is to assist with the transition of incoming freshmen to the Swanson School of Engineering and to the University of Pittsburgh in general. Throughout this year, we will discuss ways to manage time, keep grades up, and utilize various resources around campus to become more successful throughout college. Along with this, we will talk about the new and exciting things available in and around campus. The friends you take away from freshman year will be your support system over your four years here and some of those crucial interactions with first-year engineers will happen in this course.

Are you new to Pennsylvania? Not from ‘round these parts? If so, this seminar is the one for you! The city of Pittsburgh is a vibrant, urban metropolis filled with new, fun & exciting places/activities to discover. There’s so much city, it can sometimes be daunting! This seminar section will begin to acquaint you with the city and all it has to offer!
So Musical!
A Seminar in the Art of Musicals

Class Number: 26602
Meeting Day/Time: Tuesday, 2-2:50 PM

Your Peer Advisor:
Chris Parker
Industrial Engineering
Sophomore
Allentown, PA

The transition from high school to college can be hard to navigate. Freshman Engineering Seminar will help you to find the greatest success you possibly can this year. From managing the course work, to utilizing campus resources, to making friends, we will talk about the important aspects of your next year here. You will also be able to form relationships with other freshmen.

Somebody thought that since everyone likes both stories and music, they should combine the two. This was one of the most important decisions in modern history. If you agree, you would love this seminar! We will explore the variety of genres there are to enjoy, journey through the history of the art, discuss the musical options at Pitt, and talk about why High School Musical is such a beautiful piece of cinematography. Take the stage for the story of your freshman year!
Freshman Seminar is designed to help ease the transition from high school to college. I’ll be there as a guide as you enter into the Swanson School of Engineering. We will discuss the standard freshman concerns, like how to choose classes, how to get along with your roommate, and time management.

We all want to be adults, but why not hold on to being a kid just a little bit longer? Come recapture your childhood through the science experiments we loved as kids and make new friends!

**SCIENCE FOR KIDS**

Your Peer Advisor:
- Emily Adelsohn
- Civil Engineering
- Senior
- West Orange, NJ

**CLASS NUMBER:** 13406
**MEETING DAY/TIME:** Tuesday, 3-3:50 PM
Freshman Seminar is all about learning how to do college, from balancing your work to making sure you call home now and then. In a casual environment we talk about things like how to manage your time, how to handle missing your family (especially your dog), and all the fun stuff to do on and off campus. I’m here to help you H2P!

Are you the only one in your family who takes board games seriously? Do you treat pickup soccer like the World Cup? If some good competition is a stress relief to you then this is the seminar to choose! We’ll do everything from relay races to trivia so you can bond with other freshman engineers. Every week will be a new activity so bring your A-game!

COMPETITIVE SPIRIT
A Seminar for Gym Class Heroes and Classroom Jeopardy Champs

McKenzie Sicke
• Bioengineering
• Sophomore
• Webster, NY

CLASS NUMBER: 13396
MEETING DAY/TIME: Tuesday, 4-4:50 PM
Exploring Pittsburgh Through Food

Introducing your peer advisor...

- Kelsey Toplak
- Junior
- Bioengineering
  - Minor in chemistry
  - Certificate in global health
- Pittsburgh, PA

Freshman seminar is designed to help make your transition to Pitt as easy as possible! We’ll be going over topics such as time management, study skills, and resources around campus to help you familiarize yourself with your new home! Seminar is also a great time to get to know your classmates!

If you want to get to know your new home for the next four years or just really like food, this is the little seminar for you! Pittsburgh is known as the city of bridges, but as a native Pittsburgh-er, I can tell you, the food in Pittsburgh sets this city above the rest. From German, to Thai, to Italian, Oakland and its surrounding neighborhoods have something for everyone. This little seminar will introduce you to some must-go-to Pittsburgh restaurants and a few hidden gems while delving into the history of the area and what the various neighborhoods have to offer to Pitt students.

CLASS NUMBER: 16824
MEETING DAY/TIME: Tuesday, 4-4:50 PM

Must-go-to Restaurants

- Primanti’s
- Pamela’s Diner
- Milkshake Factory
- Steel Cactus
- Hofbrauhaus
- Food Trucks Everywhere!
- Smiling Banana Leaf
**Freshman Engineering Seminar** is aimed to make your transition from high school to college the easiest transition possible. You will socialize with other freshman engineering students in this seminar and learn helpful tips towards succeeding in the Swanson School of Engineering. We will discuss issues ranging from study habits to roommate problems, and I am always open to any questions that you may have!

Do you miss the fun and excitement of being a kid? During school, you would get to play heads up – seven up, telephone, or charades! Maybe you’d color a picture or play a board game or two. In this seminar, we will relive our childhoods. We will discuss everyone’s favorite childhood cartoons, color our favorite characters, and eat food from our elementary school days. If you want a blast from the past each week, this is the seminar to choose!

**CLASS NUMBER:** 23628  
**MEETING DAY/TIME:** Tuesday, 5-5:50 PM  
**THIS SEMINAR IS HELD IN FORBES HALL FOR FORBES RESIDENTS ONLY!**

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**Your Peer Advisor**  
Kylie Zeis  
Senior  
Industrial Engineering  
Elizabeth, PA
If you find yourself playing solitaire in your boredom, or consider a good party one that has card games, then this is the perfect seminar for you! We will play games such as Pit, Dutch Blitz, Bohnanza, Bang!, and more. You may not know all of the games, but coming from a true card-game-fanatic, trust me; they’re amazing. In this seminar, you can make friends and bond over our common love for card games.

Your Peer Advisor:
Sabrina Helbig
Sophomore
New Kensington, PA
Electrical Engineering

Little seminar is a class designed to help you transition to college with other freshmen engineering students. This will be a time to learn about campus resources, choosing an engineering discipline, and balancing work and fun all while making new friends and playing fun, new card games!

CLASS NUMBER: 13405
MEETING DAY/TIME: Tuesday, 5-5:50 PM
Do you like playing card games? Well then this is the seminar for you! It’s important to take time for yourself to relax after a busy day. This seminar will be a fun stress reliever and it will be a great opportunity to meet some of your peers! We’ll play great card games like UNO, poker, and any other game you can think of!

Freshmen Engineering Seminar is designed to help ease the transition from High School to college for incoming freshmen. In Seminar, we will focus on time management skills, class scheduling, roommate conflicts, homesickness, and much more! Having a current Undergraduate Engineering student as your peer advisor will be an excellent resource for having your engineering questions answered!

Your Peer Advisor
- Jennifer Chickola
- Yardley, PA
- Mechanical Engineering
- Junior

CLASS NUMBER: 23634
MEETING DAY/TIME: Tuesday, 6-6:50PM

THIS SEMINAR IS HELD IN FORBES HALL FOR FORBES RESIDENTS ONLY!
If you’re coming to college worried about becoming a NARP, this is the seminar for you! We’ll spend our days playing pickup games and checking out all the ways to stay active on campus. All sports and skill levels are welcome!

Freshman Seminar is all about giving you the tools and skills to make your transition to college a smooth one. Obviously there will be hurdles like roommate troubles, a heavy course load, and homesickness, but I’m here to help you along the way. We’ll talk about any questions you have so you can make sure you’re happy where you are!

McKenzie Sicke
- Bioengineering
- Sophomore
- Webster, NY

CLASS NUMBER: 20257
MEETING DAY/TIME: Wednesday, 9-9:50 AM

THIS SEMINAR IS HELD IN FORBES HALL FOR FORBES RESIDENTS ONLY!
Apples to Apples
A seminar to destress with Apples to Apples and a lot of laughs

Your Peer Advisor:
- Haarika Chalasani
- Washington, D.C.
- Bioengineering
- Sophomore

Freshman Engineering Seminar is meant to teach students techniques to succeed in college. The focus of this class is to give you the tools you need as an engineering student. We will talk about time management and how to study effectively for exams. We’ll discuss how to use resources such as professor office hours and assistance centers around campus. All of the information you learn will be vital to your success in college. Seminar is also a great place to make new friends, play Apples to Apples, and meet other engineers!

Do you love Apples to Apples? This is the seminar for you! College can be stressful, and sometimes it’s important to take a step back and relax. A game of Apples and Apples is the perfect way to destress after focusing on your college classes, and there is no better way to make new friends than to share a few laughs!

CLASS NUMBER: 23633
MEETING DAY/TIME: Wednesday, 10-10:50 AM
Book Club

Your Peer Advisor:

• Shumeng Yang
• Bioengineering
• Sophomore
• Malvern, PA

Who says engineers just do math and physics all day? In this seminar, we’ll share our favorite books and authors, and just take some time off to read!

Freshman Engineering Seminar is designed to ease your transition from high school to college. We’ll talk about ways to handle a difficult course load, time management, resources, and more. It’s a great place to take a break from class to ask questions and meet new people!

CLASS NUMBER: 13394
MEETING DAY/TIME: Wednesday, 11-11:50 AM
Do you love painting? Do you love happy little things? Do you enjoy scenic paintings? Does watching Bob Ross sound relaxing and fun? If the answer is yes to any of these questions, then this little seminar is perfect for you! We will be spending our time together doing happy little paintings inspired by the legend Bob Ross. From bushes to trees to rivers and mountains, we’ll paint it all to the soothing voice of Bob Ross. This seminar will be filled with relaxing, painting, and fun!

CLASS NUMBER: 13393
MEETING DAY/TIME: Wednesday, 12-12:50 PM
“Let’s Get Crafty”
A Pinterest Themed Seminar

Your Peer Advisor:
Sydney Winner
Industrial Engineering
Sophomore
Avalon, PA

The primary goal of Freshman Seminar is to talk about all the things you need to know to ease your transition to engineering at the University of Pittsburgh. We’ll talk about everything from campus resources, to managing your time, to learning how to manage conflict with others. Freshmen Seminar has a lot of great information to help ease your transition to college. Additionally, it is a great way to meet people with similar interests to you and to add an upperclassman to your ever-growing Pitt network!

Do you only feel at peace with a glue gun in your hand? Is your Pinterest board actually just your to-do list? If you answered yes to any of these questions then this just might be the seminar for you! Over the course of this seminar the goal is to have made five crafts, voted on by the class. We will also take excursions to great crafting resources. Additionally we will explore the University of Pittsburgh’s new creative zone, the Center for Creativity. Let your creative side shine in this seminar!

CLASS NUMBER: 13408
MEETING DAY/TIME: Wednesday, 12-12:50 PM
Being a kid again!
A Seminar to bring you back to your childhood

Your Peer Advisor:

- Grace Bova
- Bioengineering
- Senior
- Allentown, PA

Freshman Seminar is a class made to ease your transition into college. We will discuss typical problems a freshman faces, both socially and as an engineering student (roommate problems, time management..) This class will be an exciting way to make new friends and address any questions you have about Pitt!

Do you ever wish you could go back to being 6 years old... when you had less stress and responsibility? This seminar will do just that for you! During this semester we will be coloring, playing with play doh, and doing anything else that makes you feel younger while transitioning into college life.

CLASS NUMBER: 13409
MEETING DAY/TIME: Wednesday, 1-1:50 PM
Freshman Seminar is designed to help you through the first semester of engineering school. As you work through this transition, I will serve as your guide. We will discuss the normal freshman concerns (classes, friends, food, etc.) and I will answer any questions you have along the way.

We all want to be adults, but why not hold on to being a kid just a little bit longer? Come recapture your childhood through the science experiments we loved as kids and make new friends!

CLASS NUMBER: 13512
MEETING DAY/TIME: Wednesday, 4-4:50 PM

THIS SEMINAR IS HELD IN FORBES HALL FOR FORBES RESIDENTS ONLY!
Welcome to Oakland!!!

An introduction to your new home!

Your Peer Advisor:

• Daxton Scholl
• Year: Senior
• Major: Computer Engineering
• Hometown: Bethlehem, PA
• Owner/ Lead Photographer: Drift Pizza Media!

What is Freshman Seminar???

Freshman Engineering Seminar is a way for you to connect with an upperclassman Pitt engineer, who will help guide you through some of the changes freshmen experience. Here a group of freshmen engineers will meet once a week and talk about different topics such as: study skills, roommates, relationships, independent living and on/off campus activities. This is a very open setting in which you are encouraged to have a good time, ask questions, make friends and embrace your new home at Pitt!

In this seminar we will not only discuss the above listed topics, but we will also talk about different things to do around Oakland and the surrounding neighborhoods. From which museums you can go to for free with just your Pitt ID, to the best places to grab a sandwich in the city, this section of freshman seminar will cover it all. If you are interested in learning all about your new home, fun places to go, great places to eat and opportunities at your disposal then this session is for you!

CLASS NUMBER: 23629
MEETING DAY/TIME: Wednesday, 5-5:50 PM

THIS SEMINAR IS HELD IN FORBES HALL FOR FORBES RESIDENTS ONLY!
Freshman Engineering Seminar is designed to help you adjust to college and make a smooth transition during your first year at Pitt. In this seminar, we’ll cover some helpful tips for your freshman year involving study habits, time management, relationships with home, and balancing a social life. Engineering might seem like a lot to take on, but we’re here to help you adjust to your new blue & gold home!

Calling all gamers… board gamers, that is! If you like to play games that test your drawing abilities, trivia knowledge, creativity, and other random skills, this seminar is for you – whether you’re a beginner or a seasoned pro! At the end of each seminar, we’ll choose a game to play so that we can all relax between classes. So step right up and join the fun, with a seminar that celebrates an old-fashioned game night!

Your Peer Advisor:
- Emily Zullo
- Industrial Engineering
- Senior
- Pittsburgh, PA

CLASS NUMBER: 16825
MEETING DAY/TIME: Wednesday, 6-6:50 PM

THIS SEMINAR IS HELD IN FORBES HALL FOR FORBES RESIDENTS ONLY!
The Great Outdoors
A Seminar for Hikers, Naturalists, and Tree Climbers

Your Peer Advisor:
• Kyle Kosinski
• Civil Engineering
• Senior
• Lancaster, PA

In Freshman Seminar, we’ll discuss important topics for succeeding in your first year of engineering. Topics will include time management, keeping grades up, developing healthy relationships, and how to find your place at Pitt. The goal of seminar is to help your transition from high school to college to be a smooth success. You will make new friends with similar interests, be able to ask questions, and learn the tools to get ahead.

So you’re coming to the city, but don’t worry, there is still nature! Pittsburgh is home to several great parks, biking trails, and other ways to get outside. With a variety of student run organizations, it is always easy to find a way to get involved. Whether you want to take a hike, see the flowers at Phipps's Conservatory, ski the slopes at Seven Springs, or just watch clouds fly by, there is a place for you. Come learn about all of the opportunities Pittsburgh has to offer!

CLASS NUMBER: 26604
MEETING DAY/TIME: Wednesday, 7-7:50 PM
THIS SEMINAR IS HELD IN FORBES HALL FOR FORBES RESIDENTS ONLY!
As many of you may soon come to find out, the transition from high school to freshman year in engineering is difficult. Freshman Engineering Seminar is meant to help ease that transition. We will talk about academics: academic resources on campus, places to study, good study habits, etc. We will also talk about the social transition: clubs and organizations you can join, managing time, and fun things to do on campus. We will spend time discussing any questions that may come up to ensure that the transition to the University of Pittsburgh’s Swanson School of Engineering is smooth with little to no bumps.

Are you African or interested in African culture? If yes, this is definitely the seminar for you. We will discuss the culture of different African cultures whether it be the contemporary culture or its history. We can discuss the dance, music, dress, or any other aspect of that country’s culture. It is up to the students in the class. I am Nigerian so the first day we will discuss the culture of Nigeria but after that, before the next seminar we will vote on the next country that we will learn about. I hope to see you soon.
College: A Whole New World

Let's get down to business to defeat... freshman year!

Be our guest in this seminar as we discuss topics relevant to freshman engineers as you get to know your new kingdom. You'll learn important skills such as preparing to battle your exams, managing your time to avoid turning into a pumpkin, and how to deal with a wicked new roommate. You'll have no worries for the rest of your days. (We can't wait until you're part of our world!)

Your Peer Advisor
- Kelly Donovan
- Chemical Engineering
- Super Senior
- Monongahela, PA

*horrible puns were made intentionally
Ultimate Frisbee!

A seminar for Frisbee lovers and players

Your Peer Advisor:

• Sofia Leav
• Mechanical Engineering
• Sophomore
• Boston, MA

In freshman seminar we’ll talk about all the important things to know in your transition from high school to college. Freshman year can bring a lot of challenges, and together we’ll make sure you have the tools to tackle it. You’ll get to work on time management, meet some cool new people, and have the opportunity to ask any questions.

Frisbee is an up and coming sport that is played around the world, and you may not know it, but Pitt boasts one of the best college Frisbee programs in the country. In this seminar you will learn how to play the sport, watch some of the greatest players in the sport, learn about what makes this sport great and meet fellow people that love Frisbee!

CLASS NUMBER: 20256
MEETING DAY/TIME: Thursday, 12-12:50 PM
What’s on YOUR Playlist?

Your Peer Advisor:
Chris Parker
Industrial Engineering
Sophomore
Allentown, PA

The transition from high school to college can be hard to navigate. Freshman Engineering Seminar will help you to find the greatest success you possibly can this year. From managing the course work, to utilizing campus resources, to making friends, we will talk about the important aspects of your next year here. You will also be able to form relationships with other freshmen.

Whether you prefer your beats sick or ill, there is something in this seminar for any lovers of music. We will explore underground artists and listen to our favorites. Turn up the bass, grab your playlist, and listen your way into a seminar about a topic that everyone can relate to and enjoy.

CLASS NUMBER: 13411
MEETING DAY/TIME: Thursday, 3-3:50 PM
Are you smarter than a Freshman Engineer??

Introducing your Host & Peer Advisor...

• Kelsey Toplak
  • Junior
  • Bioengineering
    • Minor in chemistry
    • Certificate in global health
  • Pittsburgh, PA

Freshman seminar is designed to help make your transition to Pitt as easy as possible! We'll be going over topics such as time management, study skills, and resources around campus to help you familiarize yourself with your new home! Seminar is also a great time to get to know your classmates!

Gameshow Leader Board

• Jeopardy
• Wheel of Fortune
• Family Feud
• Chain Reaction
• Price is Right
• Weakest Link
• 100,000 Pyramid
• Let's Make a Deal
• Who wants to be a millionaire?
• Are you smarter than a 5th grader (College Addition)?
• Cash Cab

Have you even been on a gameshow? Do you want to be?? Gameshows are a great way to get your brain working and relieve stress. In this little seminar, you'll play a spin off of one of the many gameshows listed to the right each week. If you want to get to know your classmates in a unique way while also learning about all Pitt has to offer, this is the little seminar for you! (No auditions necessary).

CLASS NUMBER 17817
MEETING DAY/TIME: Thursday, 4-4:50 PM
“A Novel Idea” — A Book Club for Engineers That Like to Read

Your guide to libraries and reading on-campus.

The primary goal of Freshman Seminar is to talk about all the things you need to know to ease your transition to engineering at the University of Pittsburgh.

We’ll talk about everything from campus resources, to managing your time, to learning how to manage conflict with others.

Freshmen Seminar has a lot of great information to help ease your transition to college. Additionally, it is a great way to meet people with similar interests to you and to add an upperclassman to your ever-growing Pitt network!

Reading is an amazing means of escape, adventure, and relaxation. It’s important to take the time to curl up with a good book and relax sometimes.

If you feel this way too, this is the seminar for you! Join a group of people who love reading and discuss the latest and greatest novels.

Over the course of seminar the goal is to read one novel as a group. Additionally, we will visit campus and public libraries, as well as find a few good reading nooks and coffee shops. Join this seminar for relaxation and adventure all in one!

Your Peer Advisor:
Sydney Winner
Industrial Engineering
Sophomore
Avalon, PA

Class Number: 16823
Meeting Day/Time: Thursday, 6-6:50 PM
Stay Fit at Pitt
The Importance of Health and Fitness in College

Your Peer Advisor:
• Stephanie Viscovich
• Mechanical Engineering
• Senior
• Chatham, NJ

If you’re a former high school athlete, an avid gym-goer, or just someone who wants to avoid the “Freshman 15”, then this seminar is for you. In this seminar, we’ll talk about what it takes to stay fit and healthy in college. Occasionally, we’ll go outside and do short but effective workouts that definitely will help you stay fit at Pitt.

Freshman Engineering Seminar is all about making your transition from high school to college as smooth as possible. We will talk about all the social and academic obstacles you will encounter as a freshman. You’ll have the opportunity to discuss any questions or concerns you have and you’ll get to know other freshman engineers going through the same transition you are.

CLASS NUMBER: 23630
MEETING DAY/TIME: Thursday, 6-6:50 PM
THIS SEMINAR IS HELD IN FORBES HALL FOR FORBES RESIDENTS ONLY!
Freshmen Engineering Seminar is designed to help ease the transition from High School to college for incoming freshmen. In Seminar, we will focus on time management skills, class scheduling, roommate conflicts, homesickness, and much more! Having a current Undergraduate Engineering student as your peer advisor will be an excellent resource for having your engineering questions answered!

Your Peer Advisor
- Jennifer Chickola
- Yardley, PA
- Mechanical Engineering
- Junior

CLASS NUMBER: 23631
MEETING DAY/TIME: Friday, 9-9:50 AM

THIS SEMINAR IS HELD IN FORBES HALL FOR FORBES RESIDENTS ONLY!
Food in Pittsburgh

Freshman Engineering Seminar is designed to help transition to the University of Pittsburgh and the Swanson School of Engineering. In this seminar, we will talk about many different aspects of the transition to college – from academics, to interacting with professors, to finding ways to get involved. Seminar is a great time to ask any questions you have about freshman year and to get to know many other engineering students that you might not have met otherwise!

Why are there pierogies running around the field every time I go to a Pirates game? What even is a pierogi and why are there fries on my sandwich? It doesn’t take long to learn that Pittsburgh has some pretty unique food options. In this seminar we will talk about them and cool places to experience these traditions for yourself!

Grace Watson
Chemical Engineering
Sophomore
Pittsburgh, PA

CLASS NUMBER: 23632
MEETING DAY/TIME: Friday, 10-10:50 AM
THE OAKLAND ZOO

Your Peer Advisor:  
Kylie Zeis  
Industrial Engineering  
Senior  
Elizabeth, PA

Are you excited to be in the Oakland Zoo and watch Pitt basketball? If yes, then this seminar is right for you! Meet other freshman who cannot wait for pre-season games to roll around and especially can’t wait for ACC play to start! Since the Oakland Zoo is the fan section, I will not only give you insight on the Oakland Zoo itself and how it functions, but we can also discuss anything Pitt basketball related. Hail to Pitt!

Freshman Engineering Seminar aims to aid freshman engineering students with their academic and social transitions to college. We will discuss all the pressing issues that will most likely arise during your first semester: how to study, time management skills, roommate issues, getting involved, and many other topics! You may ask me any questions that you may have, and you will also be able to socialize with the others in this seminar!

CLASS NUMBER:  17816  
MEETING DAY/TIME: Friday, 11-11:50 AM
Exploring Pittsburgh
Getting to know the Steel City

Your Peer Advisor:
• Stephanie Viscovich
• Mechanical Engineering
• Senior
• Chatham, NJ

Freshman Engineering Seminar is all about making your transition from high school to college as smooth as possible. We will talk about all the social and academic obstacles you will encounter as a freshman. You’ll have the opportunity to discuss any questions or concerns you have and you’ll get to know other freshman engineers going through the same transition you are.

Are you curious about the city you’ll be living in for the next four years? If you want to learn about all of Pittsburgh’s neighborhoods and what they have to offer, then this seminar is for you. We’ll talk about everything from must-see museums to the best places to get food.

CLASS NUMBER: 13414
MEETING DAY/TIME: Friday, 12-12:50 PM
Getting Involved on Campus!

A seminar about how to tackle college outside of classes

Your Peer Advisor:

• Haarika Chalasani
• Washington, D.C.
• Bioengineering
• Sophomore

Freshman Engineering Seminar plays a big part in every student’s transition to college. The focus of this class is to give you the tools you need as an engineering student, and inform you about the different resources you have at your disposal. Specifically, we will talk about developing study skills and how to handle stress of college and exams. We’ll discuss how to use resources such as professor office hours and assistance centers around campus. All of the information you learn will be vital to your success in college. Seminar is also a place to meet other engineers who will be your classmates for years, and an open environment to make friends and ask questions!

Are you excited to come to college and start a new adventure here at Pitt? A big part of the college experience is outside of classes, and some of the best memories you will make in college will be with people you meet in extracurriculars by getting involved in the Pitt community. This is the seminar where we’ll talk about different ways you can pursue your interests and goals on campus to make your time in college more meaningful!

CLASS NUMBER: 13410
MEETING DAY/TIME: Friday, 1-1:50 PM
Stay In The Lines!

Coloring Fun

Your Peer Adviser:

Ryan Ronczka
Sophomore
Mechanical Engineering
Cranberry, PA

This Seminar is meant to help freshman engineering students ease into their first semester here at Pitt. In this class, I’ll share with you the tips and tricks I learned from my own personal experience freshman year. Some of the topics we’ll discuss are: study habits, stress relief, time management, and how to explore the city of Pittsburgh.

Need a little color to add to your new college dorm room? Coloring and drawing are great ways to relieve stress and relive one of your favorite childhood activities. Color the pictures that you choose and show off your masterpieces!

CLASS NUMBER: 13415
MEETING DAY/TIME: Friday, 1-1:50 PM
In Freshman Seminar, we’ll discuss important topics for succeeding in your first year of engineering. Topics will include time management, keeping grades up, developing healthy relationships, and how to find your place at Pitt. The goal of seminar is to help your transition from high school to college to be a smooth success. You will make new friends with similar interests, be able to ask questions, and learn the tools to get ahead.

Game Shows to include:
- Jeopardy
- Family Feud
- The Price is Right
- I Survived a Japanese Game Show???

Come on down! You are the next contestant on Let’s Make an Engineer! I will be your host as we explore game shows old and new. If you enjoy trivia, luck, and games of skill, then you will have a great time. Get ready to play and learn, and you might just win a BRAND NEW CAR (but not really)!

CLASS NUMBER: 13413
MEETING DAY/TIME: Friday, 1-1:50 PM